



# UC San Diego

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## SCHOOL OF MEDICINE

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UC San Diego Division of Geriatrics, Gerontology & Palliative Care

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**Happy Giving Tuesday!**

UC San Diego

Together we give.

#GIVINGTUESDAY

This Giving Tuesday, we hope that you will take time to participate in this global movement designed to inspire generosity.

Please consider donating to the UC San Diego Division of Geriatrics, Gerontology and Palliative Care. By supporting our efforts, you can join us in helping older adults live their best lives longer and improving care for individuals living with a serious illness, along with ensuring our research, education programs, and medical care keep pace with the needs of our community and remain strong.

We are proud to be ranked #11 nationally in the U.S. News & World Report. Your donation supports:

- The first health care system in San Diego to join the national Age-Friendly Health System (AFHS) Initiative, with our health care specialists advocating for improved care of older adults and working to ensure all older patients receive age-friendly care.

- Large Center collaborations, including the [San Diego Alzheimer's Disease Resource Center for Minority Aging Research \(AD-RCMAR\)](#), the [San Diego/Imperial Geriatric Education Center](#), the [San Diego Nathan Shock Center of Excellence in the Biology of Aging](#), and the [Gerontology Research Collaborative](#).
- Important research on topics such as Alzheimer's disease, the role of mitochondrial bioenergetics in age-related conditions, substance use and abuse in older adults, health disparities, gerontechnology, and HIV and aging.
- A growing and diverse aging research team working to build new cross-discipline research partnerships and collaborations, with new faculty being recruited in 2023 with expertise in gerontechnology and geroscience.
- Multiple training programs in geriatrics and palliative care, with UC San Diego home to one of the largest palliative medicine fellowships in the country, and a local leader in geriatrics working to train health care providers across San Diego and Imperial Counties on optimal dementia care and elements of age-friendly health care.
- The launch of new clinical pilot programs, such as the Hospital Elder Life Program (HELP) designed to reduce delirium in hospitalized patients, Group Visits to facilitate Advanced Care Planning, and the UCSD at Home Program helping patients being discharged from the hospital to receive optimal follow-up care in their homes.
- A team of leaders working on a national level to improve care of older adults and those with serious illness with pertinent roles at such organizations as the American Geriatrics Society, The Clinician-Scientists Transdisciplinary Aging Research (Clin-STAR), and the American Academy of Hospice and Palliative Medicine.
- Early-career scientists from diverse backgrounds and strengthening of the pipeline of both aging researchers and physicians choosing careers in geriatrics and/or hospice and palliative medicine.
- A new initiative to improve community education and health literacy to empower older adults and their families and provide them with the tools to ensure they receive quality, person-centered care.
- An organization with established excellence in mentorship (including recipients of the Department of Medicine Clinical Mentorship Award and the Health Sciences Faculty Excellence in Mentoring Award), along with recent funding to increase training of leaders and mentors in the concepts of Diversity, Equity, Inclusion and Accessibility.

Every day, our dedicated team is working to provide excellent clinical care, advance important research, and train individuals to better care for older adults and people living with a serious illness. While we continue to make great strides, we are limited on what we can accomplish with existing funds. Please consider making a donation today. We thank you for your support!

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UC San Diego Health

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