

UC San Diego

SCHOOL OF MEDICINE

The Division of Geriatrics, Gerontology &
Palliative Care Newsletter



Not subscribed yet? [SIGN UP HERE!](#)

In this edition:

- Spotlight: Eddie Lam, MD, MPH
- Dr. Moore elected president-elect of AGS
- What's Happening
- Congratulations
- In the News...



Spotlight: Eddie Lam, MD, MPH



What is your current profession/role?

I am an Assistant Clinical Professor.

What initially inspired and motivated you to pursue a career in Geriatrics?

Near the end of my residency, I wanted to learn more about how to better care for older adults. I had seen many older patients in internal medicine and often felt unsure about how to treat conditions related to aging. All the geriatricians I met were skilled and compassionate clinicians, and I was inspired to model myself after these mentors.

What parts of your work have been particularly inspiring or rewarding for you?

One of the most rewarding aspects of my work is being surrounded by fun and intelligent colleagues.

What is your go-to stress relief activity during a busy workweek?

I like to play basketball - I've been playing since the third grade.

If you had to choose a different profession, what would it be?

Celebrating Dr. Alison Moore’s New Role as President-Elect of the American Geriatrics Society!



We are thrilled to announce that Dr. Alison Moore, Chief of the Division of Geriatrics, Gerontology, and Palliative Care, has been elected President-Elect of the American Geriatrics Society (AGS)! This prestigious recognition is a testament to Dr. Moore's exceptional leadership, unwavering dedication, and significant contributions to the fields of aging research and clinical care.

Her commitment to advancing geriatric medicine, mentoring future leaders in aging research, and improving the lives of older adults continues to inspire us all. Dr. Moore’s leadership at AGS is sure to have a profound impact on the future of geriatric care, and we couldn’t be prouder to celebrate this remarkable achievement.

Please join us in congratulating Dr. Moore on this well-deserved honor, and we look forward to seeing the continued influence of her leadership in the field!

[Read more here](#)

What's Happening

Breaking Barriers in Treatment-Resistant Depression

Tuesday, April 29, 2025
5:30 PM - 8:30 PM Pacific Time

Ong Family Auditorium at the T. Denny Sanford Medical Education and Telemedicine Center
3160 Biomedical Sciences Way, UC San Diego School of Medicine campus
San Diego, California 92093

Tuesday, April 29, 2025

5:30 PM - 8:30 PM

Ong Family Auditorium

UC San Diego School of Medicine campus

Many of us have been touched by depression directly or indirectly. Depression touches millions of lives and, for many, traditional treatments fail to bring relief. Treatment-Resistant Depression (TRD) is a complex and often devastating condition where standard therapies - such as antidepressants and psychotherapy - fall short, leaving patients and their families searching for answers. Without effective intervention, TRD can lead to a cycle of frustration, hopelessness, and increased risk of suicidality.

Following the presentations, an interactive Q&A session will allow attendees to engage directly with our expert panel.

This event brings together researchers, clinicians, and the broader community to foster dialogue and collaboration in the fight against TRD. Whether you are a clinician, researcher, student, or someone impacted by depression, this event offers an opportunity to learn from leading experts and gain a deeper understanding of the challenges and breakthroughs in TRD treatment.

Join us as we work together to advance solutions and bring hope to those living with TRD.

There is no cost to attend.

[More Info Here](#)

Watch video of Dr. Moore throwing first pitch at the Padres Game!



Dr. Alison Moore threw the first pitch at the Padres game on Saturday, March 29, in honor of Doctors' Day!

It was a proud moment recognizing her leadership, dedication, and the incredible work of physicians everywhere. As Chief of the Division of Geriatrics, Gerontology, and Palliative Care at UC San Diego, Dr. Moore represents the compassionate care and excellence that Doctors' Day celebrates. Go Dr. Moore—and go Padres!

[Click Here to Watch!](#)

Snapshots from Grand Rounds at the Museum of Contemporary Art

Our recent Geriatrics, Gerontology, and Palliative Care Grand Rounds took place in a truly inspiring setting—the Museum of Contemporary Art San Diego in La Jolla. The event featured engaging presentations by Dr. Khai Nguyen and MCASD CEO Kathryn Kanjo, sparking thought-provoking conversations at the intersection of art and aging. Attendees enjoyed a delicious boxed lunch and a guided tour of the museum's stunning exhibits. A special thanks to everyone who joined us for this unique and enriching experience!





Dr. Khai Nguyen, Irving Tragen, & Dr. Alison Moore





More about our Grand Rounds Series

*Congratulations
are in order...*



Congratulations Alan!

**Alan Aung is awarded the inaugural Step Family Foundation Award for Excellence
in Palliative Care**

We are thrilled to honor Alan with the Step Family Foundation Award for Excellence in Palliative Care. Alan's time on our Subinternship in Palliative Care was distinguished by his innate curiosity and deep thoughtfulness, which set him apart. Alan was able to build quick rapport with patients and communicate professionally with teams even in challenging situations. He demonstrated maturity, curiosity, and servant leadership. Alan's dedication to learning and integrating feedback from our interprofessional team was exemplary, and his ability to lead complex care conversations with compassion and clarity is rare for even a senior medical student. We are confident that Alan will continue to shine brightly in his medical career, and we are proud to celebrate his achievements with this prestigious award.

In the News...

Dr. Alison Moore shared insights in The Guardian on the benefits and risks of cannabis use among older adults. Read it [here](#).

Dr. Ben Han and incoming Geriatrics Fellow Julia Larson's study looks at rising trends in stimulant-related ER visits in California from 2017–2021. Read it [here](#).

Dr. Kiana Aran is named a UC San Diego Faculty Ambassador. She'll help drive interdisciplinary collaboration and new funding opportunities across campus. Read more [here](#).

Dr. Aladdin Shadyab co-authored a new JAMA Ophthalmology study showing that daily cocoa extract supplementation was linked to a 23% reduced risk of developing age-related macular degeneration (AMD) in the first two years. Read it [here](#).

Dr. Alison Moore shared insights on maintaining mental agility in retirement in a recent New York Times article, "What Happens to Your Brain When You Retire?" Read it [here](#).

Our division has joined BlueSky (an alternative to Twitter/X)! Please follow us [here](#).

Not signed up yet? SIGN UP HERE

Please consider donating to our mission! While we continue to make great strides, we are limited on what we can accomplish with existing funds. We encourage you to become involved with the UC San Diego Division of Geriatrics, Gerontology, and Palliative Care and join us in helping older adults live their best lives longer and improving care for individuals with serious illness. By supporting our efforts, you can ensure that our research, education programs, and clinical care keep pace with the needs of our community and remain strong.

SUPPORT US



Contact Us

UC San Diego Health

[Manage](#) your preferences | [Opt Out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

9500 Gilman Drive MC 0665 | La Jolla, CA 92093-0665 US

This email was sent to .

To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.